


Aspendale Gardens
Community Service


ACTIVITIES BROCHURE

TERM 1 2025



WELCOME TO ASPENDALE GARDENS COMMUNITY SERVICE!

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Aspendale Gardens

 9587 5955

 enquiries@agcsinc.org.au

 www.agcsinc.org.au

 facebook.com/AGCSinc

Office Hours

Mondays 9.00am - 12.00pm

Tuesdays 9.00am - 2.00pm

Wednesday, Thursday,

Friday 9.00am - 3.00pm

Term 1 Dates

Term 1:

Monday 27th January -

Friday 4th April

Term 1 School Holidays:

Monday 6th April - Friday

19th April

Term 1 office Closures:

Monday 27th January

Monday 10th March



AGCS would like to acknowledge the Traditional Custodians of the land on which we operate, the Bunurong people of the Kulin nation, and pay our respects to their Elders past and present.

AGCS PROGRAM CALENDAR

Monday

Zumba Gold (3 week trial)
9.30am - 10.15am

Tuesday

Playgroup
9.30am - 11.00am

Knit One Give One
12.30pm - 2.00pm

Wednesday

Art Adventures
10.00am or 6.30pm

Karate
6.30 pm - 7.30pm

Dads' Casual Basketball
8.00pm - 9.30pm

Various times

Giants Bball Training

Thursday

Playgroup
9.30am - 11.00am

Morning Craft
10.30am - 12.30pm

Zumba
7.00pm - 7.45pm

Junior Giants
4pm - 4.45pm

Friday

Messy Play
10.15am - 11.15am

Saturday

Karate
2.30 pm - 3.30pm

Dads' Playgroup
9.30am - 11am

Check below & on our website for detailed information on all dates.

CHILDREN'S ACTIVITIES

YOUNG CHILDREN



**ALL BOOKINGS
& MORE INFO:**
www.agcsinc.org.au/children

PLAYGROUP

Tuesday 9.30am - 11.00am

Thursday 9.30am - 11.00am

Term 1: Starts 28th January
\$7 / per session / per family
Ages 6 months to 5 years old

For children to learn and develop through play! The fun involves playdough, drawing, water, storytelling & more!

Parents/guardians required to stay. No bookings required.

MESSY PLAY

Friday 10.15am - 11.15am

Term 1: 31st January - 4th April
\$16 / per session / per child
Ages 1 to 5 years old

Sensory & open-ended play time, filled with messy, interesting materials to play with. All the benefits of mess, without the clean-up at home!

Parents/guardians required to stay. Bookings required.

DADS' PLAYGROUP

Saturday 9.30am - 11.00am

Term 1: 1st February, 15th February, 1st March, 15th March, 29th March
Ages 6 months to 5 years old
For dads & dad-like figures

Dads' Playgroup has all the fun of regular playgroup, and is for dads and dad-like figures to have fun & find a community with other local dads.

Parents/guardians required to stay. No bookings required.

CHILDREN'S SPORTS

JUNIOR GIANTS BASKETBALL

Thursday 4pm - 4.45pm

Term 1: 30th January - 3rd April

\$160 / 10 sessions / per term

Ages 5 to 6 years old

Junior Giants is a basketball skills development program for pre-club aged children to learn to dribble, shoot, throw, catch & have fun!

Parents/guardians required to stay. Bookings required.

GIANTS BASKETBALL

Training & Competitions

Various Times Throughout The Week

Various fees including \$255 club fee / per season

Ages 7 - 23 years old

Aspendale Gardens Giants Basketball Club trains and plays basketball games competitively, with the Southern Basketball Association. **Visit www.agcsinc.org.au/basketball for all information.**

EXTERNAL PROVIDERS

Bookings & facilitation not provided by AGCS.



MORE INFO:
www.agcsinc.org.au/children

O'GRADY DRAMA CLASSES

Wednesdays

\$230 / term

Ages 5 - 18 years old

O'Grady Drama's inclusive program aims to build confidence, communication skills, and creative talents in children while they learn about drama and have lots of fun!

GYMBAROO CLASSES

Thursdays

\$29 / week / per term

Ages 6 weeks to 3.5 years old

GymbaROO is a parent/child education program run by qualified teachers, enabling parents to be actively involved in their child's development.

ADULT'S ACTIVITIES

ARTS & CRAFTS



**ALL BOOKINGS
& MORE INFO:**
www.agcsinc.org.au/adult

KNIT ONE GIVE ONE

Tuesday 12.30pm - 2.00pm

Term 1: Starts 21st January
Voluntary gold coin donation

Knit One Give One (KOGO) knit and crochet items for disadvantaged families. Come along to meet new people & have a chat.

No experience required & all materials provided. No Bookings required.

ARTISTIC ADVENTURES

**Wednesdays 10.00am - 12.00pm
OR 6.30pm - 8.30pm**

Term 1: 5th February - 12th March
\$155 / 6 sessions

Explore different artistic mediums including charcoal, acrylics, watercolours, pastels & more. Taught by experienced artist Lee Cummins.

All materials provided. Bookings required.

CRAFT WITH FRIENDS

Thursday 10.30am - 12.30pm

Term 1: Starts 23rd January
Voluntary gold coin donation

Bring your arts & craft project to our cozy space and work alongside other local crafters & artists.

Bring your own materials. No Bookings required.

FITNESS & SPORT

ZUMBA GOLD

Monday 9.30am - 10.15am

Term 1: 10th, 17th & 24th

February

\$10 / per session

3 WEEK TRIAL CLASS: Zumba Gold is a fun group fitness program based on dance, but at a lower intensity. Can be done from a seated position.
No bookings required.

KARATE

Wednesday 6.30pm - 7.30pm

Saturday 2.30pm - 3.30pm

Term 1: 29th January - 5th April

\$150 / per term, \$70

membership / year, family prices available.

Ages 6 - 65 years old

Learn 'true karate', taught by Andrew, a globally accredited instructor with over 30 years of experience. Affiliated with the Japanese Karate Association.

Bookings required.

DADS' CASUAL BASKETBALL

Wednesdays 8.00pm - 9.30pm

Term 1: 29th January - 2nd April

FREE

For dads & dad-like figures

A social (non-competitive) basketball program where dads (and other dad-like figures) can come along and shoot some hoops in our indoor basketball stadium.

No bookings required.

ZUMBA

Thursday 7.00pm - 7.45pm

Term 1: 30th January - 3rd April

\$10 / per session

Zumba is a group fitness program based on dance! Experienced instructor Michelle will help you exercise while having fun.

No bookings required.

EXTERNAL PROVIDERS

Bookings & facilitation not provided by AGCS.



MORE INFO:
www.agcsinc.org.au/adult

PROBUS CLUB

Mondays

\$30 / joining fee, \$60 / year
Retired / semi-retired seniors

Aspendale Probus Club meets monthly on the 3rd Monday of the month. We also organise social get togethers, including Trips and Outings, lunches and other activities

OVER 55s EXERCISE

Wednesdays

Casual payments and packages
Ages over 55 years old

The over 55's exercise class is targeted at improving strength, balance and falls prevention, mobility, and cardio endurance.

SLOW FLOW YOGA

Wednesdays

\$15 / class
All levels welcome

Slower paced yoga including gentle movement and mindfulness. Taught by Di, a yoga practitioner with over 20 years experience.

KINESIOLOGY CLASSES

Saturdays

\$800 / weekend course
Adults aged 16 years and older

Learn Emotions and Metaphysical Kinesiology (EMK) and become an EMK Practitioner in under 10 months.

RECYCLING & DONATIONS

Please drop off any recyclables or donations during our office hours.

SOFT PLASTICS RECYCLING

You can drop off any soft plastics (if you can scrunch the plastic into a ball) for recycling through the City of Kingston.

CONTAINER DEPOSIT SCHEME

We are a collection point for the 10c Refund Scheme! Download the app & count your containers before you come in. Please note we only accept up to 150 items & no cash refunds. You can also nominate AGCS as a charity donation recipient!

NAPPY DONATIONS

In partnership with the Nappy Collective, we collect your leftover, unused disposable nappies across Australia and divert them to families in crisis.

CHILDRENS BOOK DONATIONS

We're a collection point for 123Read2Me, who give free, unwanted and donated books to the Aussie kids who need them.

VENUE HIRE

We have a range of rooms and spaces available for casual and permanent venue hire! The spaces available for hire include our hall, meeting rooms, kitchen & outdoor garden.



BOOK A SPACE:
www.agcsinc.org.au/venue-hire



OUR SPONSORS

We'd like to thank our 2025 sponsors for their support of our Centre and Giants Basketball Team.

Funders



Sponsors



